



# STATE OF CONNECTICUT

## DEPARTMENT OF HEALTH SERVICES

6

### NOTIFICATION THAT TOXIC LEAD LEVELS HAVE BEEN FOUND

This notification must be provided to residents of dwellings identified as having toxic levels of lead requiring abatement per Section 19a-111-3(e) of the regulations of Connecticut State Agencies concerning Lead Poisoning Prevention and Control.

#### LEAD CONTAMINATION HAS BEEN FOUND - WHAT YOU SHOULD KNOW

Your home has been found to contain lead. Lead is dangerous, to young children (especially the ages of 0-6 years) and to pregnant women and their fetuses. Even low levels of lead can slow a child's normal development and cause learning and behavioral problems. Your child may not appear sick yet health effects can still be occurring. In adults, lead exposure can increase blood pressure, cause anemia and at high exposure, cause damage to the brain, reproductive system and kidneys.

You can help protect your children and yourself against lead poisoning by taking these steps.

1. Children under the age of 6 should be tested for lead poisoning. Blood tests are available from medical clinics, physicians, WIC and other health care providers.
2. Keep your children away from peeling or chipping paint, wallpaper and plaster or other surfaces containing toxic levels of lead. Pay special attention to window areas.
3. Children should not be in a home during lead abatement. Abatement means the covering, replacement or removal of paint, plaster, soil or other materials containing toxic levels of lead.
4. Dangerous amounts of lead dust can result from abatement or remodeling in the home. To reduce lead dust, use a high phosphate detergent and wet mop floors, clean window sills and other surfaces that may contain lead dust. Use a phosphate detergent and water mixture to steam clean carpeting and clean upholstery. Avoid sweeping or vacuuming until areas have been properly abated of lead hazards and clearance testing for reoccupancy has been completed.

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5. If soil around the home is or is likely to be contaminated with lead, keep children away from bare soil areas or areas where soil is being removed or temporarily stored in piles.
6. Provide well-balanced meals, low in fat and high in iron and calcium.
7. Wash your child's hands before he/she eats.
8. Wash toys and pacifiers frequently.

For additional information concerning the effects of lead and how to protect yourself and your children contact your local or state health department.

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